

Happy at work all year round

“Happy at work all year round” focuses on activities that can increase your energy level during the working day as well as boost your health on physical, mental and social levels.

You get inspiration to strengthen your daily happiness at work every month. Inspiration to help each other try something new, break habits, get up out of the chair and boost energy and increase wellbeing in everyday life. Because it's easier and more fun when you do it together.

Velliv wishes you a really good working day

